

folded size: 103 x 60 mm FIR-G2 cover & backcover

### Notice Before Use 注意事項

- This product is not suitable for use by pregnant women and babies.
- Children should not use this product without parental supervision.
- Do not heat or boil the product in a microwave oven.
- If allergic conditions or discomfort occur after use, reduce the time of use and consult your doctor immediately.
- 本產品不適用於孕婦及嬰兒。
- 兒童必須在家長監管下使用。
- 請勿將產品放進微波爐加熱或煮沸。
- 如使用後發覺有敏感或不適，請縮短使用時間，並立即諮詢您的醫生。

[www.germanpool.com](http://www.germanpool.com)



FIR-G2

**GERMAN  
POOL**

USER GUIDE

使用指南

FAR INFRARED ANKLE WRAP | 遠紅外線保健踝套

folded size: 103 x 60 mm FIR-G2 inside

### Instructions For Use 使用方法

Step on the sole of the Ankle Wrap (with the heel positioning on the curve) and the BIO-ACT Energy Layer (red in colour) facing inside. Fasten the Velcro closure around the ankle.

將踝套套在腳上（腳跟對著彎位），紅色遠紅外線能量層向內，附有德國寶商標的黏合體置於踝關節上方，調整至理想鬆緊度後，貼上魔术貼即可。



### Care & Maintenance

1. Wash in warm water with a mild detergent. Gently squeeze product in water. Rinse thoroughly with clean warm water and drip dry.
2. Do not soak product in water for a long time.
3. If the product is too dirty, gently rub the soiled areas with a damp cloth. Repeat step 1.
4. Do not rub with force, especially in the FIR Energy Spot areas.
5. Frequent washing is recommended to keep product clean and free of body salts which may cause skin irritation.

### 清洗及保養方法

1. 用溫和洗衣粉於溫水中清洗，輕輕於水中按壓，再以清潔溫水沖淨後滴乾。
2. 切勿浸泡太久。
3. 如太骯髒，可先用濕布輕輕擦洗骯髒部份再重覆步驟 1。
4. 切勿大力洗擦，尤其遠紅外線能量點 (FIR Energy Spot) 部分。
5. 建議經常清洗，以免身體鹽份或污垢積聚導致皮膚敏感。

