



crave

H O N G K O N G



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HK\$20

*Hong Kong's
Best-Dressed
Eateries*

*The
Blossoming
World of
Edible Flowers*



**Appreciating
the Fine Art
of Kaiseki**

***Beyond Venice:
A Taste of
Friuli's Bounty***

*The
Style Issue*

Healthy Living in Style

Five Green Juice

Health Benefits ♥

High in phytonutrients which strengthen immune system, prevent cancer and other diseases

Time Required ⌚

1 min 56 sec



German Pool
Professional High-Speed Food Processor
PRO-10

Fruits & Veggies – The secret of a healthy lifestyle

Convenience of everyday intake seems to be a concern? Choose German Pool Professional High-Speed Food Processor and simply select the auto “Vegetable” Programme. Thanks to the 38,000 RPM motor, in exactly 1’56”, the golden formula of fruits and veggies will be transformed into a silky-smooth beverage to go with all phytonutrients in place. Equipped with functions beyond any regular blender can offer, even hot soup and icy smoothie can be made within 1 touch. Blending Italian masterpiece design with versatile functionality, this professional blender is your ultimate choice.

Five Green Juice

Ingredients 🥬

- Cucumber
- Green bell pepper
- Celery
- Bitter melon
- Green apple



1 Put all chopped ingredients and water in the blender.



2 Select the auto “Vegetable” Programme and start.



3 Wait for 1 min 56 sec and the Five Green Juice is ready to serve.

GERMAN POOL KITCHEN CABINETRY & HOME APPLIANCES SHOWROOM

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